

Check out the latest from the Office of Diversity, Inclusion & Equity!





Human Rights Day is observed each year on December 10, the day the United Nations General Assembly adopted the Universal Declaration of Human Rights (UDHR) in 1948. The UDHR proclaims the rights to which everyone is entitled as a human being - regardless of race, color, religion, sex, language, political or other opinion, national or social origin, property, birth or other status.

The 2020 theme is Recover Better: Stand Up for Human Rights. It acknowledges that human rights must be at the center of the post-COVID 19 world. The COVID-19 crisis has been fueled by and is in turn perpetuating deepening poverty, rising inequalities, structural and entrenched discrimination and other gaps in human rights protection. Only measures to close these gaps and advance human rights can ensure we fully recover and build back a world that is better, more resilient, just, and sustainable. To recover fully, we must end discrimination of any kind, address inequalities, encourage solidarity and promote sustainable development. <u>Read more here.</u>



The Office of Diversity, Inclusion and Equity wishes you and your loved ones a safe, healthy and happy holiday season! We look forward to a 2021 filled with renewed purpose and dedication.

Check out what Diversity, Inclusion & Equity is offering this month! In addition to First Gen Celebration Week, we have programs discussing the 2020 Election and celebrations centered on Native American Heritage Month.



BRING YOUR OWN STITCHING PROJECT, START ONE, OR LEARN/TEACH SKILLS!

Embroidery, cross stitch, crochet, and knitting: you're in charge. Take time to create and explore and build community.

Wednesdays at 7:00pm EST via Zoom. See caption for link info

you are an individual with a disability and need accommodati in order to participate in this event, please contact Tess Pyne IN ADVANCE at tmp218@lehigh.edu.

Are you looking for a little routine in your life? A way to mark the passage of time and its rhythms? A Time for Rest, Relaxation, and Reflection Rosh Chodesh is the ancient Jewish practice of marking the start of each month. Jewish feminists took it up as a way to reclaim and reimagine community. Open to all, our Rosh Chodesh meetings will hold space for open dialogue and offer self care practices, creating purpose through ritual. Open to all women-oriented folks and their allies. Register at go.lehigh.edu/roshchodesh If you are an individual with a disability and need accommodations in order to participate in this event, please contact Tess Pyne in advance at tmp218@lehigh.edu Hillel

Community Conversations About Race

Silently suffering: Marginalized groups stigma towards mental health.

Wednesday,

12:00pm

The discussion will be lead by Katherine Melo Li, **Community Voices Clinic Coordinator and December 16th at** Supervisor. If you are able, please read https://bit.ly/CCARBreakTheBarrier to prepare.

Open to all members of the Greater Lehigh Valley community on isn't an excu "Unstable 'You're so sensitive!" **Register for the** "Stop making excuses! discussion at: https://bit.ly/CCARMHStigma Your depression xiety aren't real. Ye fou have no reason to be sad 'Attention-Seeker!" "Why do you miss so much school? You aren't actually sick."

